

Urethral Catheter Care

Course Description

The catheter qualification consists of a mixture of theory and practical application of techniques. Clients are requested to ensure that the training room supplied is suitable for theory delivery (i.e. a TV or suitably clear wall for the projector) and the practical element (enough space to allow the delegates to conduct the practical element with the models in designated areas).

Learning Outcomes

- Identify what Urinary Catheterisation is and the criteria for catheterisation including legislation and consideration of the MCA 2005
- Develop and apply the knowledge needed in relation to legislations, policies and best practice of Urinary Catheterisation including gaining consent
- Review and correctly identify the Anatomy and Physiology involved in catheterisation of a Male, Female and Supra-pubic
- Discuss and the different methods of catheterisation and the selection of appropriate catheter for the clinical need
- Identify the equipment needed for urinary catheterisation to take place, and the general procedure for all catheterisations
- Identify differences in practice for the three types of catheterisation
- Identify the importance of good infection control procedures to minimise the risk of urinary tract infections and other complications
- Identify potential complications from catheterisation and measures to prevent or minimise these
- Discuss routine catheter care procedures for both service users and staff

Number of delegates

Up to 12 maximum

Who is this suitable for?

This CPD accredited course is ideal for those people supporting service users living with a Urethral Catheter. The course discusses the use of intermittent, indwelling and supra pubic catheters and culminates with practical application of a urethral catheter insertion on both male and female models.



The delivery of this course is supported with competence paperwork for the delegates to return to their workplace to ensure full competence before sign off.

- RGN
- RMN
- LD Nurses